

Can I tax deduct that?

The Australian Tax Office (ATO) allows deductions for expenses incurred while attending a professional event, if it is directly related to your current role and maintains or improves your skills.

Here's some of the deductions you may be able to claim for attending the Festival of Psychology conference:

Conference Registration Fees

• The cost of attending the conference, including ticket fees and any associated materials.

Travel Expenses

- Flights Airfare to and from the conference location.
- Train, Bus, or Taxi Fares Transport to and from the airport, hotel, and conference venue.
- Car Expenses If you rent a car, you can claim the cost of rental and fuel, tolls, and parking expenses.

Accommodation

• Hotel, Airbnb, or other lodging costs for the duration of the conference.

Meals & Incidentals

• You can claim reasonable meal expenses (breakfast, lunch, dinner) and incidental costs (such as tips or snacks) while traveling.

Internet & Phone Costs

• If used for work purposes during the conference (e.g., work emails, calls to clients, or research).

Work-Related Stationery & Supplies

• Notebooks, pens, or other materials required for the conference.

Networking & Business-Related Meetings

 If you meet with colleagues or clients for business discussions, associated expenses may be deductible.

Professional Membership Fees

• Your APS membership fees.



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What You Can't Claim

Personal Travel Expenses – If you extend your stay for a holiday, you can only claim expenses related to the work portion.

Entertainment & Leisure – Social events, sightseeing tours, or recreational activities are not deductible.

Family or Partner's Expenses – If a spouse or family member travels with you, their costs are not claimable.

If your employer covers some expenses, **only claim what you** personally paid for.

NOTE WELL: You'll need to keep a detailed Travel Diary to show your claims are legitimate and accurately reflect your business-related travel. I've made an example for you here:

Example Travel Diary for The APS Festival of Psychology 3-Day Conference at the Gold Coast

Date	Time	Activity	Work-Related? (Yes/No)
16 May 2025	6:00 AM	Taxi to the airport from your home	√ Yes
16 May 2025	6:30 AM	Breakfast at the airport	√ Yes
16 May 2025	7:00 AM	Flight from your hometown to Gold Coast	√ Yes
16 May 2025	9:00 AM	Taxi to hotel	√ Yes
16 May 2025	12:00 PM	Lunch with industry peers (networking)	√Yes
16 May 2025	1:00 PM	Conference Session 1	√ Yes
16 May 2025	3:00 PM	Conference Session 2	√ Yes
16 May 2025	6:30 PM	Dinner with colleagues	√ Yes
17 May 2025	9:00 AM	Conference Session 3	√ Yes
17 May 2025	12:00 PM	Lunch (personal)	√ Yes
17 May 2025	1:30 PM	Workshop	√ Yes
17 May 2025	5:00 PM	Networking drinks with peers	√ Yes
17 May 2025	7:00 PM	Social Event (sightseeing)	X No
18 May 2025	9:00 AM	Conference Closing Session	√ Yes
18 May 2025	12:00 PM	Taxi to airport	√ Yes
18 May 2025	2:00 PM	Flight back to your hometown	√ Yes
18 May 2025	4:30 PM	Taxi from the airport to your home	✓ Yes

NOTE: These are guidelines only. Tax laws change often, so please review this with your finance professional to ensure they apply to your situation.

Accountant for Psychologists

We understand the unique deductions available to psychologists — including these and many more.

Our team can help ensure you're claiming everything you're entitled to while staying fully compliant with ATO regulations.

Let us take the stress out of tax time so you can focus on what you do best — helping your clients!